



## BREAKFAST MENU

MONDAY-FRIDAY 6:30AM-11:00AM

### BEVERAGES

<b>Juice</b>	4.50
Ruby Red Grapefruit, Orange, Apple, Cranberry, Tomato, V8	
<b>Coffee</b>	5
Regular Coffee, Decaffeinated Coffee, Selection of Teas	
<b>Hot Chocolate</b>	6
<b>Espresso</b>	4
<b>Cappuccino</b>	6
<b>Latte</b>	6
<b>Naked Smoothie</b>	7
Red Machine, Blue Machine or Green Machine	

### BAKERY & OATS

<b>White or Whole Wheat Bagel</b>	8
Cream Cheese, Preserves	
<b>Steel Cut Irish Oatmeal</b>	10
Dried Fruit Compote, Roasted Almonds, Milk	
<b>Yogurt Parfait</b>	10
Plain Low Fat Yogurt, Coconut Almond Granola, Seasonal Berries, Honey	

### CONTINENTAL BREAKFAST

Choice of Fruit Juices	16
Freshly Brewed Coffee or Selection of Teas	
Bakery Basket, Seasonal Fruit and Berries, Butter, Preserves	

### SPA BREAKFAST

Choice of Fruit Juices	22
Freshly Brewed Coffee or Selection of Teas	
Low Fat Yogurt, Seasonal Berries, Coconut Almond Granola	
Egg White Frittata, Roasted Tomatoes, Wild Mushroom, Basil, Mozzarella	
Seasonal Healthy Muffin or Multigrain Toast	

### THE NORTH 45 BREAKFAST

Choice of Fruit Juices	21
Freshly Brewed Coffee or Selection of Teas	
Low Fat Yogurt, Seasonal Berries, Coconut Almond Granola	
Two Eggs any Style, Choice of Applewood-Smoked Bacon, Ham, Pork or Chicken Sausage, Herb Roasted Potatoes, Choice of White or Multigrain Toast	

### SPECIALTIES

<b>Two Eggs Any Style</b>	14
Choice of Bacon, Ham, Pork or Chicken Sausage, Herb Roasted Potatoes	
<b>Egg White Frittata</b>	14
Roasted Tomatoes, Wild Mushroom, Basil, Mozzarella	
<b>Eggs Benedict</b>	14
Ham, Herb Roasted Potatoes, Hollandaise	
<b>Smoked Salmon</b>	18
Cream Cheese, Asparagus, Tomato, Capers, Choice of Bagel	
<b>Omelet</b>	14
Asparagus, Mushroom, Herbs, Gruyère Cheese, Herb Roasted Potatoes	
<b>Waffles</b>	13
Seasonal Berries, Maple Syrup, Vanilla Bean Whipped Cream	
<b>French Toast</b>	15
Vanilla Bean Whipped Cream, Seasonal Berries, Maple Syrup	
<b>Buttermilk Pancakes</b>	13
Butter, Maple Syrup	

### SIDES

Herb Roasted Potatoes	5
Bacon, Sausage, Ham, Chicken Apple Sausage	6
Seasonal Berries	10
Sliced Tomato, Extra Virgin Olive Oil, Basil, Sea salt	5
Seasonal Fruit Cup	7

We will make every effort to accommodate special dietary requirements. Menu items are cooked and may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. For parties of 8 people or more, an 18% gratuity will be added to all checks.