



KAMISPA INNER TIME





A close-up, low-angle shot of a woman floating on her back in a swimming pool. Her head is tilted back, eyes are closed, and her expression is peaceful. Water droplets are visible on her skin. The background is a soft, out-of-focus blue, suggesting the pool's surface and the sky. The text "SLEEP IS THE BEST MEDITATION" is centered over the image.

SLEEP IS THE BEST MEDITATION

RELAXING MASSAGE

KAMI 4 HANDS

Tibetan Hot Stone Therapy is used to enhance the senses and find a soothing inner pleasure; tensions are released leaving space to a sensation of pure joy.

KAMILOMI

The soft Polynesian lomi-lomi is blended with the Tibetan Hot Stone Therapy, a truly authentic bliss treatment for body and mind.

HOT STONE THERAPY

Hot granite stones soften the muscle tension while the crystal therapy induces a proper energetic flow through the chakras, an extraordinary experience to reclaim your deeper self.

SHIRODHARA

The Indian Ayurvedic path to a deep relaxation, most excellent for mitigating migraines, this ritual treatment is suggested to reduce insomnia and disclosing the third eye awareness.

AYURLOMI

The soft Polynesian lomi-lomi blended with the traditional Indian massage, a wonderfully healing effect for muscle tensions and blood circulation: your personal dosha aromatherapy oil will provide you with a sublime experience.

BALINESE PALM MASSAGE

Traditional jamu massage from the island of Bali, this is a paradisiacal experience for those who prefer a pampering and more gentle therapy.

JET LEG BODY MASSAGE

A Deep tissue therapy that promises to rebalance your energy; relax and prepare to benefit from this treatment which is perfect either for starting the day or for sleeping well at night.

MOM MASSAGE

A gentle therapy that is helpful for alleviating any swelling of the body, back pains or muscle tensions. Suitable for providing a marvelous sensation of wellness for moms and babies: only sweet organic almond oil is used for all those mothers-to-be.

A silhouette of a person performing a yoga pose (Tree Pose) on a dark, rocky cliff. The person's arms are raised, and their hands are clasped together above their head. The background features a dramatic sunset or sunrise over the ocean, with a bright sun low on the horizon and scattered clouds in shades of blue and orange. The overall mood is serene and contemplative.

TAKE A BREAK, LISTEN TO YOURSELF, BREATH

REVITALIZING AND ENERGIZING MASSAGE

KAMI MEDIAN LINE THAI

A soft thai massage, perfect to release tensions and stretch the body's muscles. Paired with the Steamed Herbal Compress Therapy, this treatment is deeply invigorating, improving blood circulation and oxygen flow.

TRADITIONAL THAI MASSAGE WITH HERBAL COMPRESS

A traditional deep tissue therapy, popular for those who love a strong massage, paired with the Steamed Herbal Compress Therapy, it warms the body and provides great energy.

TRADITIONAL THAI MASSAGE

The legendary massage provided by the Buddhist monks as a natural remedy for the body tensions, a strong and revitalizing treatment.

BACK AND SCALP MASSAGE WITH HOT STONES

Ideal for releasing the stiffness accumulated on neck and shoulders, this therapy is ideal for those who spend a long time seated or at their laptop.

ZEN SHIATSU BODY MASSAGE

The treatment from the long-established Japanese shiatsu of Masunaga School. This is a strong, dry therapy, which acts on the body's meridians according to the ancient knowledge of the acupressure points. A blissful and highly invigorating experience.

MING BODY MASSAGE

A Chinese traditional massage that stimulates all the acupressure points as well as the lymphatic system as a whole: your senses will be pampered by a yin or yang oil and the highly draining technique will reduce any swelling or fatigue.

ORIENTAL BLEND MASSAGE

A unique treatment which combines thai, shiatsu, lulur techniques. Massage on the body is performed using a blend of Asian oils, making this treatment a unique, energy-boosting experience for the body and the mind.

LYMPHATIC DRAINAGE

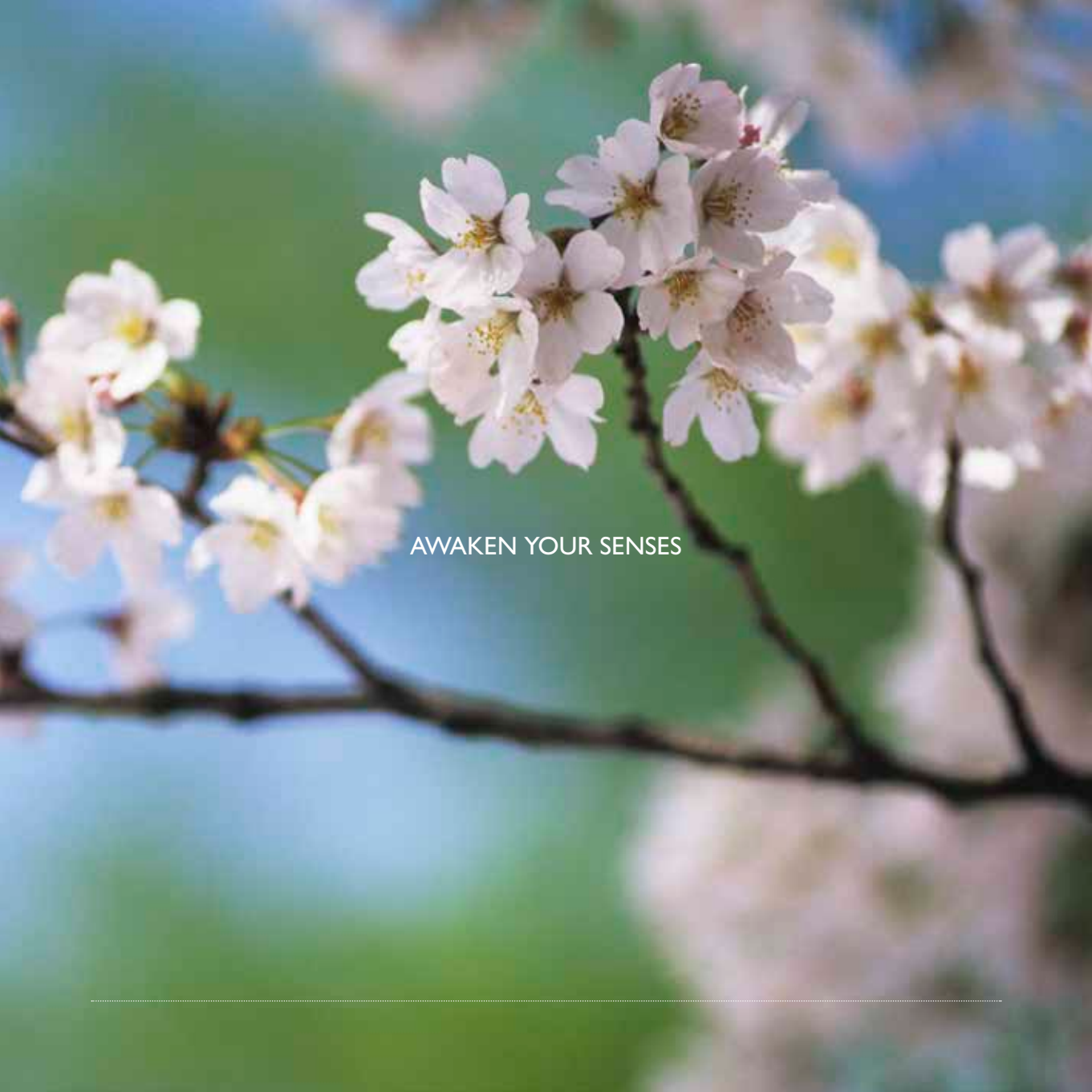
A revitalizing treatment, the deep tissue therapy is conceived to improve blood circulation, drain excess fluids helping to recover a beautiful silhouette.

HERBAL COMPRESS THERAPY

Traditional Thai Steamed Herbal Compresses are used to warm up the arteries and alleviate muscle pains and rheumatisms.

REFLEXOLOGY

Deep and strong foot therapy, used to stimulate the body's organs towards a proper functioning of the organism: a relaxing experience perfect for anyone.



AWAKEN YOUR SENSES

ASIAN DELIGHT PACKAGES

THE BEAUTY IN YOU

Indulge yourself with an experience of magnificent wellness

- Wet Area
- Body Scrub
- Body Wrap
- Private Jacuzzi Amazing Bath
- 60 mins Massage
- 60 mins Facial
- Deluxe Manicure and Pedicure

MAHARAJA

India's magic in order to rebalance the dosha, recover energy and relax.

- Wet Area
- Cinnamamon Body Spice Scrub
- Goat Milk Body Wrap
- Shirodhara
- Ayurlomi Body Massage

JAVA DELIGHT

Ritual of pure aromatherapy from the island of Java. It is used to alkalinize the body, releasing strains, this package induces a prolonged relaxation.

- Wet Area
- Bali Coffee Scrub
- Mandi Lulur Body Wrap
- Private Jacuzzi Amazing Mandi Lulur Bath
- Balinese Palm Massage



LIGHTNESS

ASIAN DELIGHT PACKAGES

ZEN PACKAGE

Japanese traditional aromatherapy, a very intense yet peaceful experience.

- Wet Area
- Wasabi Cream Polish
- Green Tea Body Cocoon
- Private Jacuzzi Amazing Sake Bath
- Zen Shiatsu Body Massage

MING INDULGENCE

Pamper yourself with the legendary Chinese ceremonial experience. This package rebalances the qi flow and harmonizes the body's meridians.

- Wet Area
- Bamboo Body Polish
- Lingzhi Body Mask
- Private Jacuzzi Amazing Ginseng Honey Bath
- Ming Massage with Yin Yang Oil

CHAOPRAYA SPIRIT

Pure wellness to recover body flexibility, release stiffness and improves back pains.

- Wet Area
- Traditional Thai Massage
- Herbal Compress Therapy
- Reflexology

A close-up, artistic photograph of a person's back and shoulder submerged in a bath of red rose petals. The petals are vibrant red with white centers, creating a dense, textured background. The person's skin is smooth and glistening, suggesting water. The lighting is warm and soft, highlighting the contours of the body and the delicate nature of the petals.

RELEASE YOUR ENERGY

SCRUBS

BALI COFFEE SCRUB

Javanese coffee beans, natural herbs and yoghurt are the key ingredients to tone up the skin and leave it deeply moisturized by following the ancient recipe of the traditional Bali coffee scrub.

LEMONGRASS BODY SCRUB

Thai Lemon Grass, plai grass roots, kaffir oil and marine salt blend together for a unique treatment for the body's skin. Effectively removes dead cells and resurfaces the skin leaving it cleansed and purified.

BAMBOO BODY SMOOTH POLISH

Typically found in northern China, this potent bamboo leaf extract acts as an extraordinary anti-ageing agent, making this treatment ideal for leaving the skin deeply hydrated and smooth.

CINNAMON CLOVE BODY SPICE

An ancient Indian recipe consisting of a blend of wonderfully scented spices, which have a purifying action on the skin, leaving it luminous and pampered.

WASABI CREAM POLISH

The root of Japanese Wasabi plant combined with sweet almond oil, jojoba oil and milk, provide a wonderful body cleansing treatment. The wasabi scrub revitalizes and invigorates the whole body after a stressful hard day's work.



REGENERATING AND PURIFYING

BODY MASKS

MANDI LULUR HERBAL WRAP

Yoghurt, essential oils and rice flour are used in this cleansing treatment to rebalance the skin's pH, moisturize and nourish the epidermis: a magnificently soothing recipe from the Island of Java.

THAI TAMARIND HERBAL MASK

Wild-growing herbs found in Thai mountains blended with the rich in vitamins and minerals from the tamarind trigger the natural regeneration process of the body's skin: the results are smooth as silk.

GOAT MILK WRAP

Goat milk, rich in vitamin A, b6, b12, E, and beta-casein, provide strong hydration to the skin, moisturizing and nourishing even the driest of skins. Excellent for restoring a sun-damaged epidermis.

GREEN TEA BODY COCOON

Sencha, the most popular Japanese Green Tea, is one the most powerful natural antioxidants in this treatment. Perfect for combination to oily skins: the purifying properties deeply cleanse and tone up the skin, leaving it soft and magnificently hydrated.

LINGZHI BODY MASQUE

Lingzhi, the "mushroom of immortality" can boast amazing therapeutic properties, it strengthen the immune system and it is a wonderful anti-aging treatment, leaving the skin soft and delicately scented.



PURE THOUGHTS

FACIAL TREATMENTS BY ELEMIS FOR HER

PRO COLLAGEN QUARTZ LIFT

This exceptional anti-wrinkle facial has been independently tested, with phenomenal results. Specialized lifting massage techniques are combined with professional strength anti-ageing formulations for maximum treatment efficacy, leaving a firmer, uplifted feeling.

TRI ENZYME RESURFACING

Suggested for a smoother, more radiant skin, increasing skin smoothness after the first treatment. This unique facial therapy targets blemishes, uneven skin tone, superficial scarring and fine lines, revealing a younger looking skin.

VISIBLE BRILLIANCE

To combat ageing and stressed skin. Specialized micro-circulatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smoothen, sculpt and restore skin radiance.

FRUIT ACTIVE

Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance.

HERBAL LAVENDER REPAIR

For perfect restoration of skin balance.

Deep cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

A photograph of a man with short dark hair, shirtless, resting his head on his crossed arms on a light-colored stone ledge. He is positioned in front of a swimming pool with a green and blue mosaic tile background. The text "KIND BODY, HAPPY MIND" is centered over the image.

KIND BODY, HAPPY MIND

FACIAL TREATMENTS BY ELEMIS FOR HIM

SKIN IQ

Anti-Ageing booster for tired, stressed skin.

Charged with the anti-ageing Time Defence Wrinkle Delay and Time Defence Eye Reviver, this treatment is tailored to meet the needs of a hectic lifestyle and combat the ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results.

URBAN CLEANSE

Deep cleanse and complete skin detox.

This super-grooming facial works overtime to help eliminate blocked pores. It rapidly accelerates skin repair and neutralizes impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.

OXYGEN SKIN CALM

Pure soothing heaven for sensitive skin.

Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask infused with Absolute SkinCalm Booster Serum, to help rebalance delicate, fragile and sensitive complexions. Helping to relieve redness, this superior face and eye treatment offers immediate comfort to stressed and irritated skin.

S.O.S. PURIFYING

A purifying treatment for congested skin.

A powerful face and eye treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur Mask, infused with Absolute Vita-C Booster Serum, help to absorb sebum, calm irritation and rebalance oil-rich pores, leaving a beautiful matt complexion.

Recommended: 1 treatment every 4 weeks.



WHISPER OF SOFTNESS

BEAUTY SERVICE

MANICURE

Standard

PEDICURE

Standard

MANICURE & PEDICURE

Standard

Express

WAX

Lips

Chin

Eyebrows

Under Arms

Bikini

Upper Legs

Lower Legs

Full Legs

Arms Half

Arms Full

Gentleman Back

Gentleman Chest

Gentleman Full Body





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open everyday from 10.00 to 22.00
reserve 06 4201 0039
kamispa.com

KAMI WELLNESS CENTER
PRICE LIST



GRAND HOTEL PALACE

— VIA VENETO —

ROMA

RELAXING MASSAGE

KAMI 4 HANDS	90 mins	€ 300
tibetan hot stone therapy		

KAMILOMI	90 mins	€ 170
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HOT STONE THERAPY	90 mins	€ 170
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SHIRODHARA	90 mins	€ 160
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AYURLOMI	120 mins	€ 220
	90 mins	€ 160

BALINESE PALM MASSAGE	120 mins	€ 220
	90 mins	€ 160

JET LEG BODY MASSAGE	60 mins	€ 130
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MOM MASSAGE	60 mins	€ 130
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REVITALIZING AND ENERGIZING MASSAGE

KAMI MEDIAN LINE THAI with herbal compress	90 mins	€ 190
TRADITIONAL THAI MASSAGE with herbal compress	120 mins	€ 220
TRADITIONAL THAI MASSAGE	90 mins	€ 160
	60 mins	€ 130
BACK AND SCALP MASSAGE with hot stones	60 mins	€ 160
ZEN SHIATSU BODY MASSAGE	60 mins	€ 130
MING BODY MASSAGE	60 mins	€ 130
ORIENTAL BLEND MASSAGE	120 mins	€ 220
	90 mins	€ 160
	60 mins	€ 130
LYMPHATIC DRAINAGE	90 mins	€ 160
	60 mins	€ 130
HERBAL COMPRESS THERAPY	60 mins	€ 120
REFLEXOLOGY	60 mins	€ 120

ASIAN DELIGHT PACKAGES

THE BEAUTY IN YOU

6 hr

€ 420

- Wet Area
- Body Scrub
- Body Wrap
- Private Jacuzzi Amazing Bath
- 60 mins Massage
- 60 mins Facial
- Deluxe Manicure and Pedicure

MAHARAJA

4 hr 30 mins

€ 370

- Wet Area
- Cinnamamon Body Spice Scrub
- Goat Milk Body Wrap
- Shirodhara
- Ayurlomi Body Massage

JAVA DELIGHT

4 hr 30 mins

€ 330

- Wet Area
- Bali Coffee Scrub
- Mandi Lulur Body Wrap
- Private Jacuzzi Amazing Mandi Lulur Bath
- Balinese Palm Massage

ASIAN DELIGHT PACKAGES

ZEN PACKAGE

4 hr

€ 300

- Wet Area
- Wasabi Cream Polish
- Green Tea Body Cocoon
- Private Jacuzzi Amazing Sake Bath
- Zen Shiatsu Body Massage

MING INDULGENCE

4 hr

€ 300

- Wet Area
- Bamboo Body Polish
- Lingzhi Body Mask
- Private Jacuzzi Amazing Ginseng Honey Bath
- Ming Massage with Yin Yang Oil

CHAOPRAYA SPIRIT

3 hr 20 mins

€ 270

- Wet Area
- Traditional Thai Massage
- Herbal Compress Therapy
- Reflexology

SCRUBS

BALI COFFEE SCRUB	60 mins	€ 100
LEMONGRASS BODY SCRUB	60 mins	€ 100
BAMBOO BODY SMOOTH POLISH	60 mins	€ 100
CINNAMON CLOVE BODY SPICE	60 mins	€ 100
WASABI CREAM POLISH	60 mins	€ 100

BODY MASKS

MANDI LULUR HERBAL WRAP	60 mins	€ 100
THAI TAMARIND HERBAL MASK	60 mins	€ 100
GOAT MILK WRAP	60 mins	€ 100
GREEN TEA BODY COCOON	60 mins	€ 100
LINGZHI BODY MASQUE	60 mins	€ 100

FACIAL TREATMENTS BY ELEMIS FOR HER

PRO COLLAGEN QUARTZ LIFT	75 mins	€ 170
TRI ENZYME RESURFACING	60 mins	€ 170
VISIBLE BRILLIANCE	75 mins	€ 170
FRUIT ACTIVE	60 mins	€ 110
HERBAL LAVENDER REPAIR	60 mins	€ 110

FACIAL TREATMENTS BY ELEMIS FOR HIM

SKIN IQ	75 mins	€ 170
URBAN CLEANSE	75 mins	€ 170
OXYGEN SKIN CALM	75 mins	€ 150
S.O.S. PURIFYING	75 mins	€ 150

BEAUTY SERVICE

MANICURE

Standard	1 hr	€ 60
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PEDICURE

Standard	1 hr 30 mins	€ 80
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MANICURE & PEDICURE

Standard	2 hr 30 mins	€ 120
Express	75 mins	€ 100

WAX

Lips	€ 40
Chin	€ 40
Eyebrows	€ 40
Under Arms	€ 40
Bikini	€ 40
Upper Legs	€ 40
Lower Legs	€ 50
Full Legs	€ 70
Arms Half	€ 40
Arms Full	€ 60
Gentleman Back	€ 60
Gentleman Chest	€ 40
Gentleman Full Body	€ 160

Lower Lobby (-2)
Ext 2166

reservations
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